

## October 19, 2009 Volunteer Opportunities

Need help finding a volunteer opportunity that's just right for you? Volunteer Lethbridge can help! Visit our web site [www.volunteerlethbridge.com](http://www.volunteerlethbridge.com) or call 403-320-2044

### CANADIAN RED CROSS

The Canadian Red Cross is looking for **volunteer administrative clerks** to assist with the Health Equipment Loan Program (HELP). This busy service provides temporary loans of medical equipment by donation to community members in need. Your commitment will ensure that clients receive appropriate medical equipment in a timely manner. Training is provided and daytime schedules can accommodate your availability. Volunteers should be at least 18 years of age, and have the ability to meet the public and work in a team environment. A Police Record Check will be required. Contact Volunteer Coordinator Jan Lawson at 403-327-7117 if interested or would like more information.

### CANADIAN CANCER SOCIETY

Join the ranks of Canadian Cancer Society volunteers who are on the front lines of the fight against cancer by lending your experience and compassion. The Canadian Cancer society is looking for **Cancer Connection volunteers**. This peer support program matches people with trained volunteers who have experienced cancer either themselves or as a caregiver, providing invaluable information and understanding. Call Mandy at 403-317-4655 or visit [www.cancer.ca](http://www.cancer.ca) to learn more. Together, with your help, we can make cancer history.

### ALBERTA HEALTH SERVICES – LETHBRIDGE REGIONAL HOSPITAL

For over 20 years, staff and volunteers have been helping make the Christmas season a bit brighter for patients through the Patient Stocking Project. On Christmas Eve a stocking is placed on the foot of every patient's bed at Chinook Regional hospital. **Volunteer stocking sewers** are needed to help sew 300 stockings this year. The stockings are stuffed with Christmas oranges and small toiletries and toys that are purchased, usually at reduced prices, from the CRH Gift Shop and local retailers. The project is funded through donations from the CRH Auxiliary and Friends of CRH. Call Volunteer Resources at 403-388-6311 to get a pattern and more information.

### ST. THERESE VILLA

Are you looking for ways to stay active since winter weather is fast approaching us? Do you have an interest in working with seniors? St. Therese Villa is currently recruiting **recreational volunteers** to work and assist our staff and residents within their activity department. A variety of shifts are available (both morning and afternoon) throughout the week, Monday through Friday. Volunteers will actively participate and assist our residents in a variety of programs, which include: baking, crafts, entertainment, discussion groups, mental stimulation, and physical programs. For more information, please contact Lisa at 403-332-5313.

### TEN THOUSAND VILLAGES

Ten Thousand Villages depends on the imagination, innovation and dedication of many Canadians who have caught the vision of fair trade. **Retail volunteers** are needed to help out in-store (receiving inventory, interacting with customers, ringing in sales), to host Festival Sales, and to assist with special events. Our volunteers give their time by committing to at least two consistent four-hour shifts on a monthly basis. We are currently seeking volunteers to work specific shifts on Mondays through Thursdays. Volunteers must be at least 15 years of age due to the nature of our business. Contact Andrea at 403-327-8087 for more information.

### LETHBRIDGE PUBLIC LIBRARY - READ-ON

Do you love to get lost in the pages of a good book? Would you like to help others discover the joy of reading? The Lethbridge Public Library's Read-On Program is looking for **volunteer tutors** to work on a one-to-one basis with adults who want to improve their reading, writing, communication or basic math skills. You must have strong language arts skills, patience and an ability to accommodate the needs of others. Interested in tutoring at the library? Call Lil at 403-380-7323 to register for tutor training sessions.

### FAMILY CENTRE

Interested in working with children and giving back to the community? The Family Centre needs **volunteer early childhood assistants**. We are looking for energetic people who enjoy interacting with children. Volunteers will work with a team, who will provide training for the position. Volunteer shifts will take place in the morning or in the afternoon. Volunteers must be 14 years of age or older for this position. A criminal record and a child intervention check will be required for this volunteer position. Please contact Liz at 403-320-3998 or email [liz.allen@famcentre.ca](mailto:liz.allen@famcentre.ca) for more information.